#### **MANICURES & PEDICURES**

Please request French Finish \$25 Gel polish removal \$15 Gelish Manicure 45 min – \$85 Lemongrass Manicure 45 min – \$65 Ritual Spa Manicure 60 min – \$85 Sports Manicure 30 min – \$60 Teen Manicure 30 min – \$45

#### PEDICURES

Please request French Finish \$25 Gel polish removal \$15 Gelish Pedicure 60 min – \$115 Lemongrass Pedicure 60 min – \$95 Ritual Spa Pedicure 75 min – \$115 Sports Pedicure 45 min – \$85 Teen Pedicure 30 min – \$65

#### HAIR REMOVAL & TINTING

Brow (Includes shaping) – \$25 Upper Lip – \$25 Chin – \$20 Full Face – \$65 Lower Leg – \$40 Upper Leg – \$50 Full Leg – \$70 Bikini Line – \$35 French Bikini – \$65 Brazilian – \$90 Underarm – \$30 Abdomen – \$35 Chest - \$45 Back – \$55 Half Arm – \$40 Full Arm – \$60 Eyelash Tinting – \$40 Eyebrow Tinting – \$25 Eyelash & Eyebrow Tinting – \$60

FOR OUR COMPLETE MENU OF SERVICES PLEASE VISIT OUR WEBSITE:

THESPARITUAL.COM

## Welcome to a world of tranquil pleasure and peacefulness.

Your path to rejuvenation begins at The Spa Ritual. A sanctuary from everyday life – we inspire sensory journeys that awaken one's senses of contentment and self-awareness.

Call or book online to schedule your ritual today.



thesparitual.com 106 Crowfoot Terrace NW | Calgary, AB 403 . 547 . 9558

# Ritual menu

thesparitual.com



#### MUM TO BE RITUALS

Yummy Mummy Facial 60 min – \$145 90 min – \$210 Mummy To Be Prenatal Massage 60 min – \$145 90 min – \$195 New Mummy Massage 60 min – \$145

#### **RITUALS FOR MEN**

#### Zen for Men

2 hrs – \$245 60 minute Sabai Relaxation or Therapeutic Massage, Scalp Treatment, Sports Pedicure & Signature Smoothie

#### Men's Facial

60 min – \$145

#### **Bamboo Back Scratch**

60 min – \$145

#### **Sports Manicure**

30 min – \$60

**Sports Pedicure** 45 min – \$85

#### BODY SERVICES

Asian Styled Lemongrass Scrub 30 min – \$95 Skin Perfecting Body Scrub 60 min – \$145 Slim and Detox Body Scrub 75 min – \$175 Ritual Rejuvenating Wrap 90 min – \$225

#### MAKEUP

Mineral Make Up Lessons 60 min – \$95 Mineral Make Up Application 45 min – \$95 Teen Mineral Make Up Lesson 60 min – \$80 Bridal Make Up 60 min – \$120

#### ADVANCED MEDICAL AESTHETICS

Please inquire with our Concierge about our Medical Aesthetic Services

#### **Botox**®

Dermal Fillers Laser Hair Removal Intense Pulsed Light Microdermabrasion Chemical Peels Jessner Peels 1540 Fractional Skin Resurfacing

A \$50 fee will be applied for Skin Care Consults with our Registered Nurse. This cost will be applied to the purchase of any Advanced Medical Aesthetic treatment.

#### SPA FACIALS

**Signature Microdermabrasion Facial** 90 min – \$225 Medical Anti-Aging Treatment 60 min – \$195 **Customized Facial** 60 min – \$145 90 min – \$210 Men's Facial 60 min – \$145 **Teen Customized Facial** 45 min – \$95 **Deep Cleansing Acne Treatment** 60 min – \$145 **Deep Cleansing Back Treatment** 60 min – \$155 Microdermabrasion 30 min – \$125

#### FACIAL ADD-ONS

15 minutes for each addition - these additions must be requested at time of booking

Anti-Aging Eye Contour – \$35 Luscious Lip Contour – \$35 Warm Paraffin Foot Infusion – \$35 Warm Paraffin Hand Infusion – \$35 Scalp Massage – \$35

#### SPA MASSAGE

**Royal Bamboo Massage** 90 min – \$225 Thai Inspired Herbal Massage 90 min – \$225 **Rhythmic Hot Stone Massage** 60 min – \$165 90 min – \$225 Grounding Thai Foot Ritual 60 min – \$145 Bamboo Back Scratch 60 min – \$145 Therapeutic or Relaxation Massage 60 min – \$145 90 min – \$195 120 min – \$250 Cupping 60 min – \$150 90 min – \$195

#### **MASSAGE ADD-ONS**

15 minutes for each addition - these additions must be requested at time of booking

Warm Paraffin Foot Infusion – \$35 Warm Paraffin Hand Infusion – \$35 Lemongrass Back Scratch – \$35 Scalp Massage – \$35

#### SPA FOR ONE

#### The Spa Ritual Experience

3 hrs 15 min – \$405 60 minute Customized Facial, Ritual Spa Pedicure, 60 minute Sabai Relaxation or Therapeutic Massage & Signature Smoothie.

#### Bamboo Forest

3 hrs 30 min – \$485 Asian Styled Body Scrub, Royal Bamboo Massage, 60 minute Customized Facial and Signature Spa Cuisine.

#### DUET EXPERIENCES

#### Reconnect

2 hrs – \$580 60 minute Customized Facial, 60 minute Sabai Relaxation or Therapeutic Massage.

#### Zen Duet

2 hrs – \$580 Grounding Thai Foot Ritual Massage, 60 minute Sabai Relaxation or Therapeutic Massage.

#### **COUPLES TREATMENTS**

### Customized Facials

60 min – \$290 / per couple 90 min – \$420 / per couple

#### Therapeutic or Relaxation Massage

60 min – \$290 / per couple 90 min – \$390 / per couple

#### **GROUP RITUALS**

#### **Retreat Ritual**

2 hrs – \$290 60 minute Customized Facial, 60 minute Sabai Relaxation or Therapeutic Massage.

#### **Zen Ritual** 2 hrs 15 min – \$260 60 minute Customized Facial, Ritual Spa Pedicure.

#### **Rejuvenating Ritual**

2 hrs 15 min – \$260 60 minute Sabai Relaxation or Therapeutic Massage, Ritual Spa Pedicure.

#### Mani - Pedi Party 2 hrs – \$160 Lemongrass Manicure and Pedicure.

**Thai Princess Party** 1 hrs 15 min – \$110

Teen Manicure and Pedicure.

#### **ROYAL THAI SUITE EXPERIENCES**

Jai Dee 5 hrs – \$895 Royal Bamboo Retreat 4 hrs – \$775

#### **Thai Escape** 3 hrs – \$585

A la carte Thai Suite. Customize a Royal Thai Package with a room rental charge of \$100.